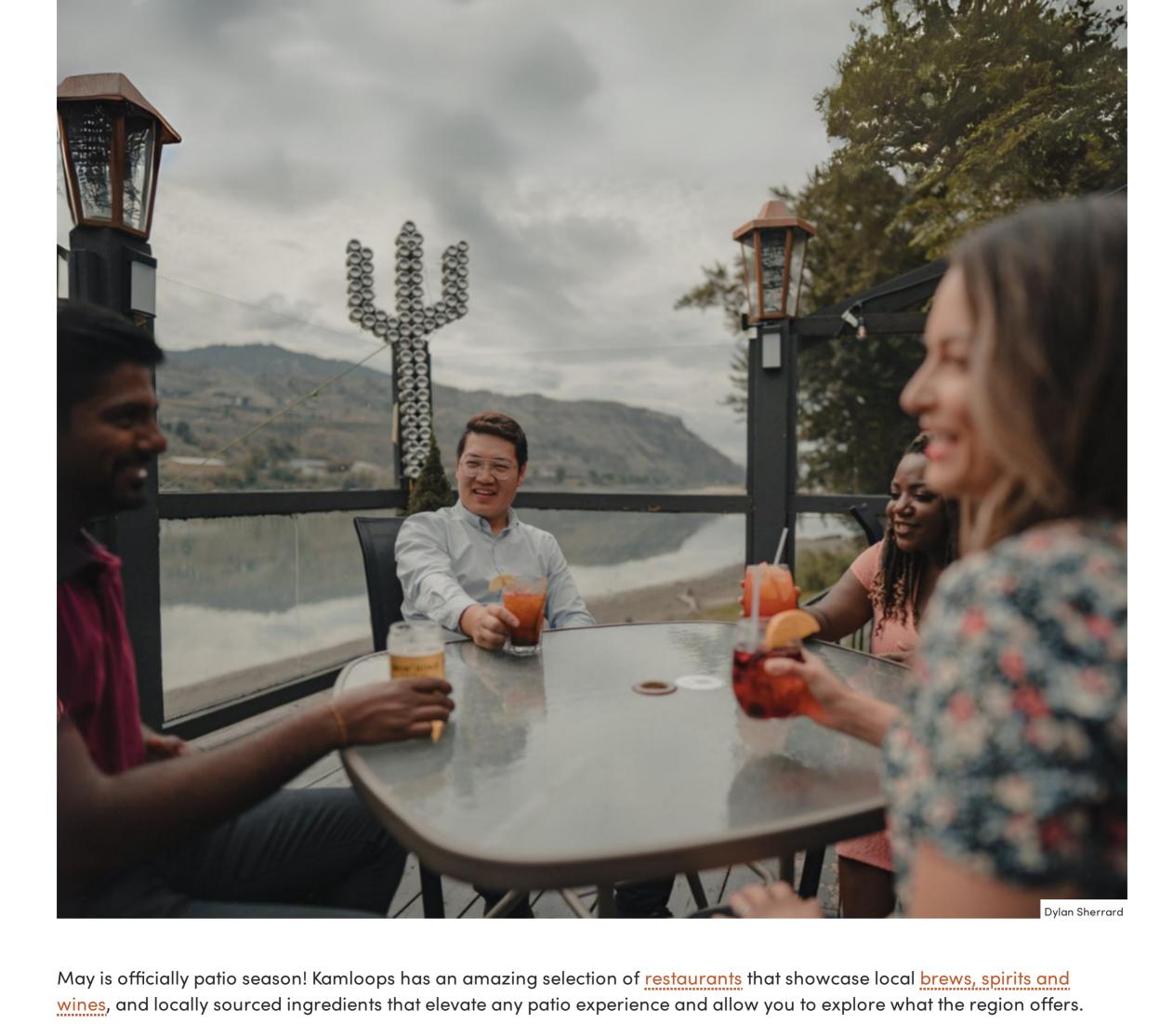
May 1, 2024 by Beth Taylor

Things to do in Kamloops in May

May is the perfect time to visit Kamloops and experience the city come to life. The sun is shining, flowers are in bloom, and patios are open. Uniquely situated where the North and South Thompson rivers meet, Kamloops offers a diverse mix of ecosystems and breathtaking scenery. Experience the beauty and bounty that the Thompson Valley has to offer in the Spring, from its stunning landscapes to its outdoor adventures.

Keep reading to discover hidden gems and inspiration for things to do during your visit.

Kamloops Patios for Spring Sippin'



views of the city and cocktails that are sure to impress. The Noble Pig Brewhouse's patio in the bustling downtown core offers a cozy and welcoming vibe that pairs perfectly with their local craft beer. On the North Shore, visit the Sandbar and Grill licensed waterfront patio that will transport you to paradise, providing an

idyllic backdrop for indulging in their fantastic selection of dishes. Head to Monte Creek Winery and bask in the beauty of the South Thompson River, vineyards, and hoodoos while sipping on their award winning wines.

Outdoor adventures don't have to be all about hiking or biking. Enjoy fresh ingredients, warm spring weather and stunning

Some must-visit patios include Jadoo's Eclectic Modern Indian Cuisine and Craft Cocktails. They offer unparalleled panoramic

Get Outside in Kamloops

views that will take your breath away in Kamloops this May.



Springtime in Kamloops is also the perfect opportunity to spot wildlife in their natural habitat. Keep your eyes peeled for bighorn sheep as you drive along East Shuswap Road or take a stroll along River's Trail at Aviation Way near the Kamloops Airport to catch a glimpse of majestic Bald Eagles soaring above. And for a chance to see some resident yellow-bellied marmots, head over to McArthur Island and keep an eye on the rocks near the rivers edge.

McArthur Island Park is also a must-visit destination for those seeking a variety of outdoor activities and natural beauty,

you through Ponderosa pine forests to offer scenic views of the South Thompson River. The Benchlands Loop is a local

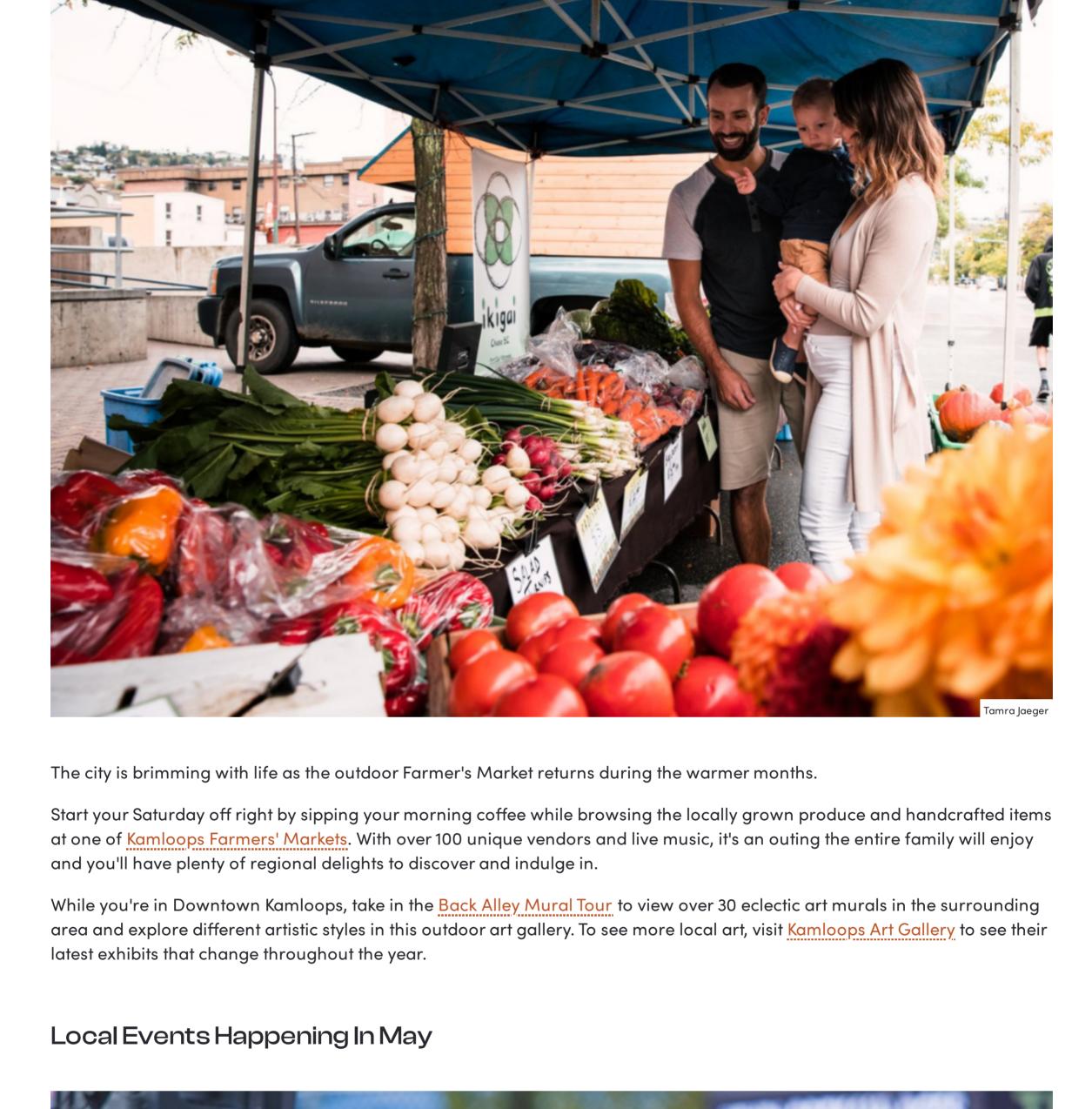
favourite and is approachable for various skill levels, so the whole family can enjoy its breathtaking views.

For a memorable hiking adventure, hit the Dallas-Barnhartvale Park hiking trails, such as the Benchlands Loop, which leads

for its recreational offerings, including hiking trails, fishing, and a beach, making it an ideal spot for outdoor enthusiasts. So, whether you're looking to take a hike, or watch some wildlife, get outside and breathe in the fresh air in Kamloops

featuring amenities like a skatepark, sports center, and a butterfly garden. Additionally, Paul Lake Provincial Park is renowned

Explore Downtown Kamloops





May Weather in Kamloops



Get ready to soak up the sunshine and enjoy the crisp, refreshing breeze in Kamloops this May! With warm days and cooler

Kamloops in May is the perfect time to enjoy the city's natural beauty and variety of outdoor activities. Plan ahead and stay up

Kamloops this May. And take a peek at our list of Top 10 Things to Do in Spring for other activities to discover during your trip.

nights, you'll want to layer up with a light jacket in the morning, peel it off by midday, and put it back on in the evening for

to date with the latest weather information and view live webcams of Kamloops by visiting our weather and climate page

This May, travel in style without breaking the bank. Check out these incredible travel deals and discounts available in

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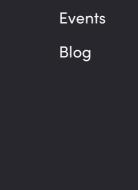
maximum comfort. And don't forget to pack your hat and sunscreen, as the UV index increases during this time of year.



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