

April 25, 2023 by Beth Taylor

What to do on Kamloops' North Shore

Kamloops' North Shore isn't just about sports tournaments and baseball fields—it's also a go-to place to play, shop and dine. Explore this destination filled with unique shopping and creative cuisine and nonstop fun.

And if you're looking for a more relaxed way to enjoy the North Shore, stroll along the McArthur Island's pathways or play a round of disc golf on the 18-hole course. The North Shore offers plenty of ways to unwind and enjoy the outdoors.

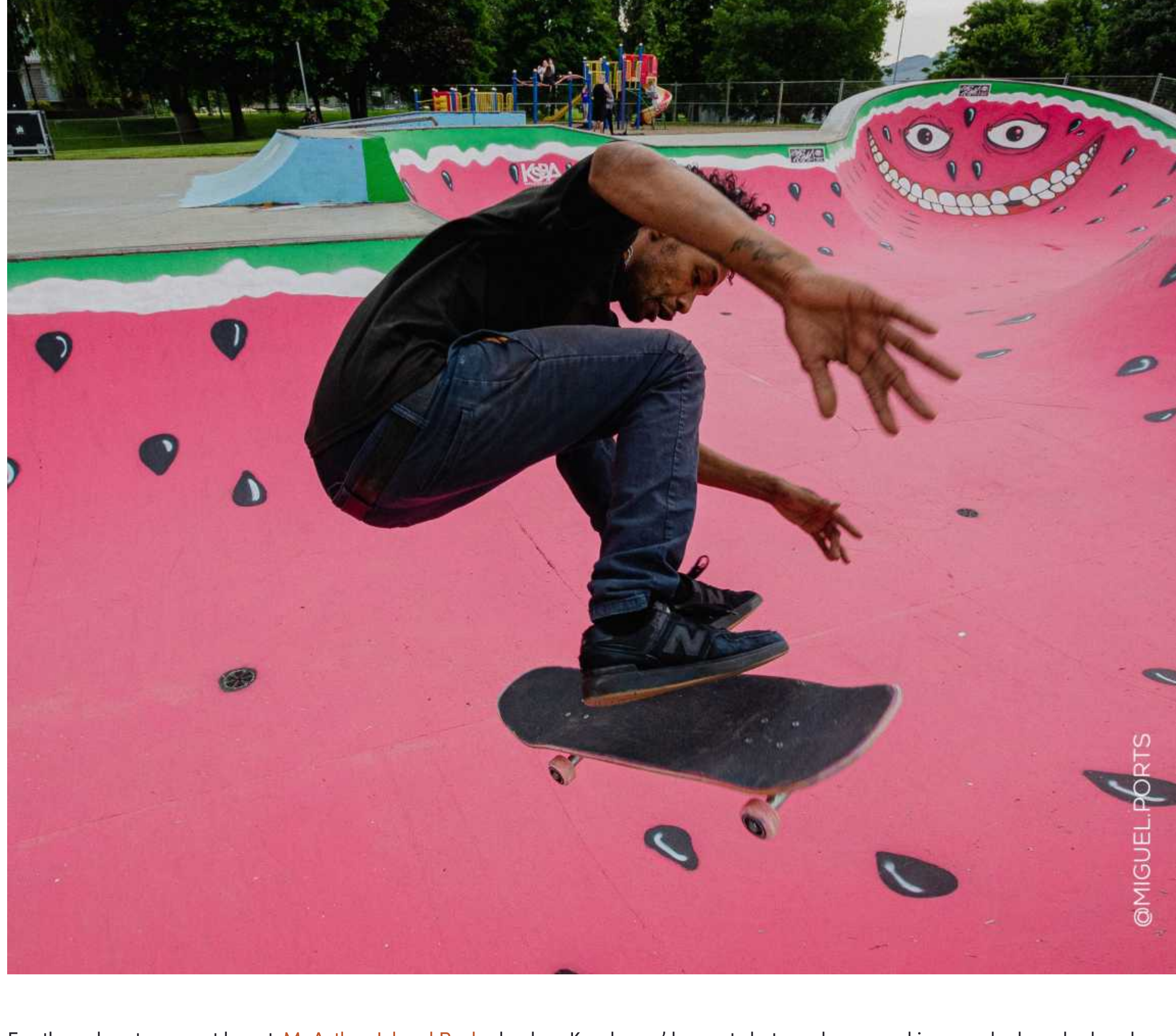
Discover all that the [North Shore of Kamloops](#) has to offer on your next visit to the 'Loops.

McArthur Island Park



If you've ever been to Kamloops (aka [The Tournament Capital of Canada](#)) for a sport-related tournament, you've likely spent time at McArthur Island Park. McArthur Island is a hub of activity in the summer months with sports tournaments and community events, such as the local-favourite [NorthPaws Baseball Games](#) and the [Rivers FC Soccer Games](#). McArthur also hosts several league hockey, baseball, soccer, and disc golf tournaments and is one of the locations for the Brewloops festival. The McArthur Island Sports and Events Centre is a year-round multi-purpose venue that includes both NHL and Olympic sized ice rinks and is home to hockey, curling and roller derby leagues.

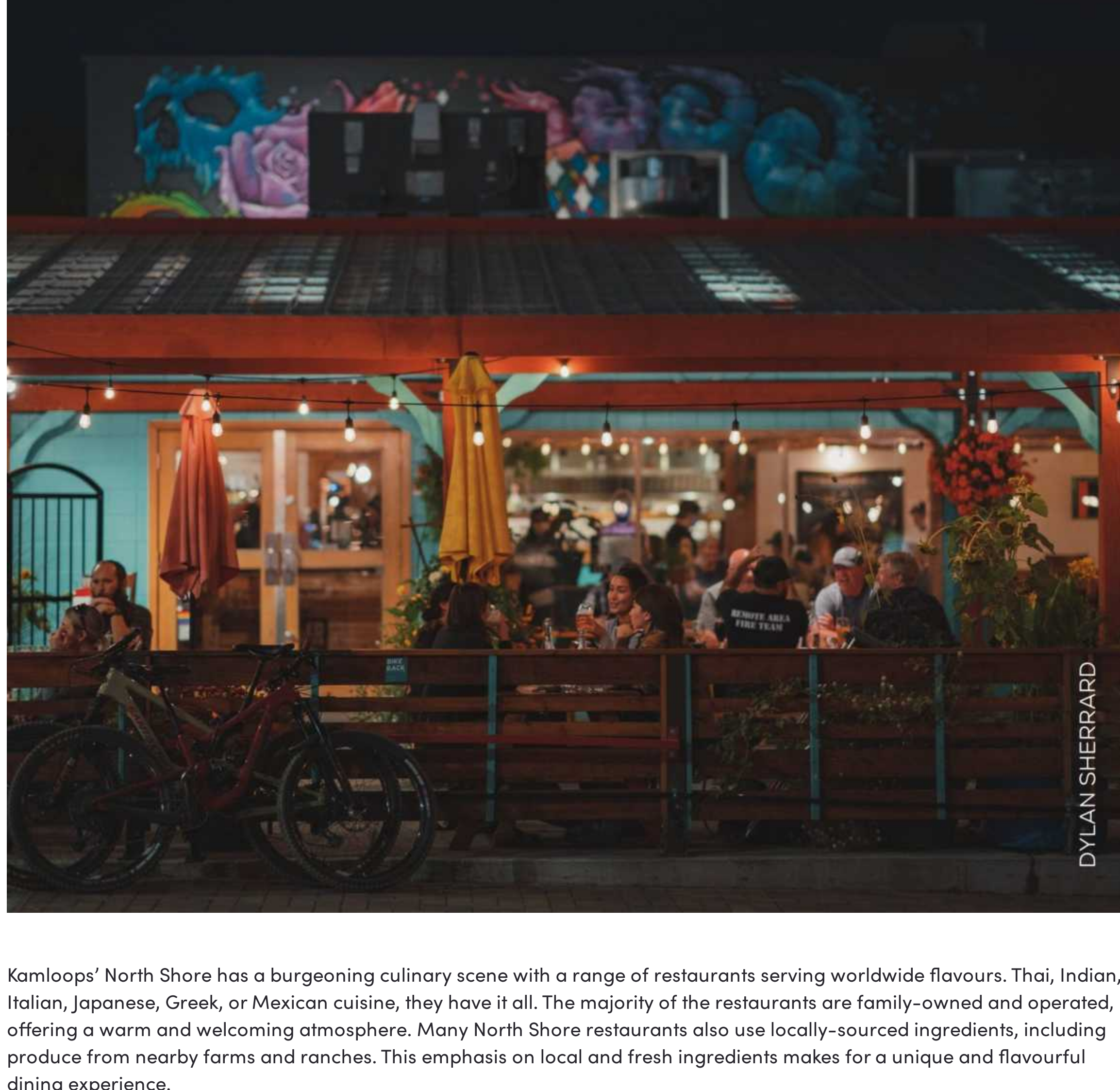
The park is also enjoyed by couples, families, or those looking for time alone, and is perfect for those who enjoy the outdoors and picturesque surroundings. [McArthur Island features a 3.1km paved trail](#) that winds around the perimeter of the park, offering a flat and safe surface for biking, rollerblading, jogging or walking.



For the adventurous at heart, [McArthur Island Park](#) also has Kamloops' largest skatepark covered in murals done by local artists with tricks featuring quarter pipes, upper decks, and numerous obstacles to keep them entertained all day long. The 18-hole disc golf course located on the East end of the park is an all-season playground for those who are already fans of the sport or just want to give it a try on the putting green.

McArthur Island has something for everyone and is a popular destination for those looking to experience the natural beauty and outdoor recreation opportunities that Kamloops offers. Check out upcoming events at [McArthur Island on our events page](#).

Must-Taste North Shore Kamloops Restaurants



Kamloops' North Shore has a burgeoning culinary scene with a range of restaurants serving worldwide flavours. Thai, Indian, Italian, Japanese, Greek, or Mexican cuisine, they have it all. The majority of the restaurants are family-owned and operated, offering a warm and welcoming atmosphere. Many North Shore restaurants also use locally-sourced ingredients, including produce from nearby farms and ranches. This emphasis on local and fresh ingredients makes for a unique and flavourful dining experience.

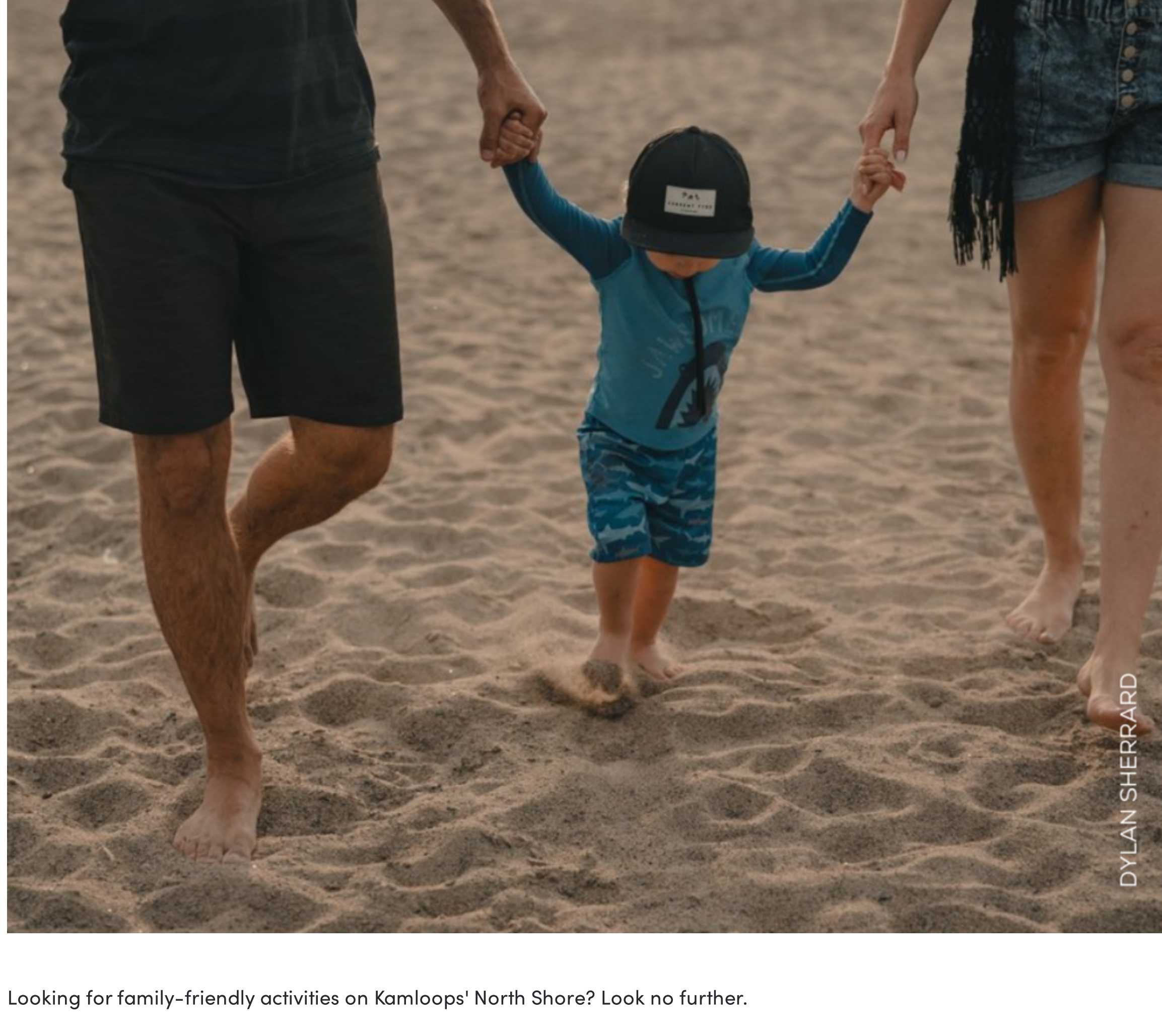
Casual lunch spot, a romantic dinner destination, or a place to celebrate a special occasion, the North Shore's restaurants offer various options to satisfy any craving.

Favourite Local Eateries

- [Yew Street Food Hall](#)
- [Bright Eye Brewing](#)
- [Jamaican Kitchen](#)
- [Hacienda Cielito Lindo](#)
- [Blue Fish Sushi](#)
- [Red Beard Café](#)
- [Spice Indian Cuisine](#)

And this is just the tip of the list, for a full list of Kamloops North Shore restaurants, visit [exploretheshore.co](#).

Family-Fun On The North Shore



Looking for family-friendly activities on Kamloops' North Shore? Look no further.

Fuel up with coffee at [5Bean Brewbar & Cafe](#), while the kids enjoy a steamed milk or fruit smoothie.

The waterpark at [McDonald Park](#) is a must-visit for active kids who need to burn off the colourful murals while the kids splash around and cool off. If you rather keep the kids dry, head over to [The Fun Factor Fun Centre](#) for friendly competition. Everyone will be entertained for hours, with laser tag, spinning bumper cars, and walls filled with arcade games. It's a great spot for teams and large groups as well, with scaling pricing and discounts for groups of 10-100+ people.

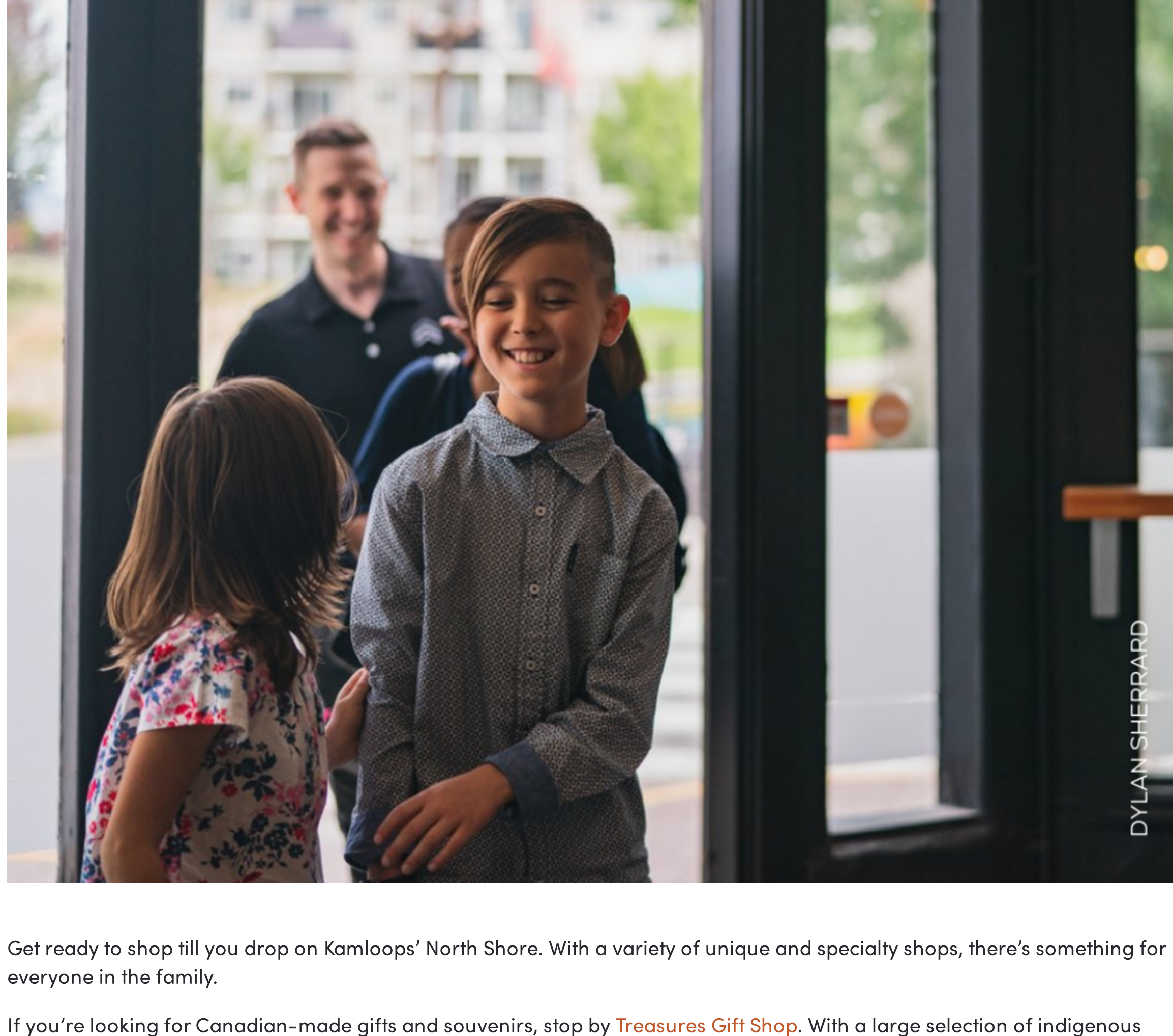
And what better way to cool off on a hot day than with a flight of ice cream flavours (yes you read that right) at the family-run [Ice Cream Social](#)? Or if you've maxed out on sweet treats head on down to the Overlander Beach, which is dog-friendly in comparison to Riverside Park, and take a dip where the rivers meet. [Please observe water safety tips](#) when enjoying the Thompson Rivers.



Kamloops' North Shore is also home to numerous family-friendly walking trails and stroller friendly walks and hikes. Head out to [Aviation Way](#) by the Kamloops Airport for an extra-wide gravel dog-friendly walking path with lots of options to get down to the beach when the water is low, or take in part (or all) of the [River's Trail](#) which winds its way along 40km of river-front trails connecting Kamloops' downtown and North Shore along the North and South Kamloops Rivers that are shore to delight. Frequented by walkers, runners, cyclists, roller bladers, four legged friends, and the like, the Rivers Trail network is mostly flat with both paved and unpaved sections of trail. Bonus, the paved sections are accessible year-round as the City of Kamloops maintains and clears the snow during winter months.

No matter what your family enjoys, there's something for everyone on Kamloops' North Shore. For a [full list of Parks in Kamloops](#), we've compiled a list.

North Shore Shopping In Kamloops



Get ready to shop till you drop on Kamloops' North Shore. With a variety of unique and specialty shops, there's something for everyone in the family.

If you're looking for Canadian-made gifts and souvenirs, stop by [Treasures Gift Shop](#). With a large selection of indigenous clothing, jewellery, and unique items, you'll find the perfect gift for anyone. And for more familiar shops, [North Hills Shopping Centre](#) has you covered with Booster Juice, Ardene, Chopped Leaf, Mark's, Cain's Your Independent Grocer, Shoppers Drug Mart, The Source, and more specialty shops.

Looking to explore exotic flavours and products from Africa? Head over to [O&A Convenience](#), where you'll find all sorts of African essentials that can't be found in regular stores. Need some fresh produce and endless varieties? [Cheng Kwong Groceries](#) has got you covered.

And don't forget to check out [Surplus Herby's](#) for great outdoor and household items deals. With a focus on bargains for fishing, camping, hunting, and foam mattresses, Surplus Herby's has everything you need for your next adventure.

So Much To Explore

Sunshine, smiles and sights await you on Kamloops' North Shore! This neighbourhood is a one-stop-shop for dining, adventure and shopping. It is also close to the [Kamloops airport](#) and many neighbourhood and many one-stop-shop.

No matter what you decide to experience in [Kamloops](#) on your next trip, your travels don't need to break the bank. Be sure to check out the best [travel deals and discounts](#) available in Kamloops so that you can spend your money on more important things—like another round of golf.